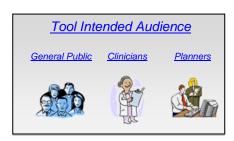
## **Objective 8: Reduce the Suicide Rate**

Maryland SHIP Vision Area 2: Healthy Social Environments Tools, Resources, and Promising Practices updated February 2012



## Information, Facts and Figures

Suicide Prevention Resource Nationwide prevention and resource center with Center

links to resources, fact sheets, data and other tool kit materials.

Mental Health Many suicides result from depression. This site includes resources to improve and maintain good

mental health and prevent mental illness.

**National Prevention Strategy** The National Prevention and Health Promotion

Strategy p. 48-50 provides helpful ideas for how you can expand access to mental health services

and suicide prevention.

**Adolescent Health** 

Includes adolescent-focused resources.

**Tools** 

**National Institute of Mental** 

**Health Tools** 

The National Institute of Mental Health provides tools and professional literature on suicide prevention strategies, resources and educational materials.









